

*If 35 friends, family or work colleagues donate £10, that's the challenge done right there! Here are some ideas of what you could do as a challenge or activity to encourage them....*

*Encourage friends to donate their takeout coffee money for a week, or their fuel/travel money saved by working from home in a week*

- *Donate a charitable element of selected bottle sales to the 350th Appeal*
- *Encourage customers to 'round-up' payments and donate extras to the appeal*

**Commercial**

**£350  
For  
350**

**Stay Fit  
and  
Healthy**

- *Run/walk/cycle/swim 35km in a week*
- *Set yourself a weight loss challenge*
- *Quit smoking - (you know that one makes sense!)*
- *Go dry for a month!*

- *Sell your talent(s)!*
- *Offer your services as a chauffeur/taxi to an event*
- *Encourage donations in lieu of Birthday presents or cards*
- *Offer a neighbourhood/office car park car wash*
- *Offer a half day of gardening/lawn mowing*
- *Offer a Car share / carpool*
- *Have a Clear-out sale*

**Sell  
Stuff**



*With cash being used less and less, encourage a loose change clear-out and donate to the fund*

**Have  
some  
Fun**

- *Shave your head or grow your 'tache*
- *Host a Bridge evening*
- *Organise a cream cracker eating contest (no water allowed), Eat jelly with chopsticks competition, or Eat a plate of baked beans with a cocktail stick race! (And send in the videos!)*

- *Host a tea/coffee morning*
- *Host a series of dinner parties, or maybe a Come Dine with Me game*
- *Organise a whisky/wine tasting event*
- *Organise a local neighbourhood litter pick*

**Host an  
Event**